#### **Contact information:**

**Collin County:** Community Service Regional Offices: 888-337-6377

https://hhs.texas.gov/about-hhs/find-us/community-services-regional-contacts
Local Authority: Lifepath Systems: 972-727-9133

https://www.lifepathsystems.org

Aging and Disability Resource Center: North Central Texas 855-937-2372

http://nctadrc.org

**Dallas County:** Community Service Regional Offices: 888-337-6377

http://nctadrc.org

Local Authority: Metrocare Services 214-333-7000

https://www.metrocareservices.org

Aging and Disability Resource Center: Connect to Care: 855-937-2372

https://www.connecttocaredallas.org

**Denton County:** Community Service Regional Offices: 888-337-6377

https://hhs.texas.gov/about-hhs/find-us/community-services-regional-contacts Local Authority: Denton County MHMR: 940-565-5249

http://www.dentonmhmr.org

Aging and Disability Resource Center: North Central Texas 855-937-2372

http://nctadrc.org

## Programs and Services for Adults and Children with Medical/Physical Disabilities

**Adult Foster Care (AFC):** services such as assistance with personal care, activities of daily living and transportation are provided in a 24-hour living arrangement with supervision for persons unable to independently function in their own homes. Ages 18 and above

**Community Attendant Services (CAS):** Provides non-skilled, non-technical in-home attendant services to eligible individuals who have a medical condition resulting in a functional limitation n performing activities of daily living and whose income makes them ineligible for Primary Home Care (PHC).

**Community Living Assistance and Support Services (CLASS):** support such as adaptive aids, dental treatment, minor home modifications, nursing, skilled and specialized therapies, behavioral support, respite, case management, support/continued family services and transition assistance services ae available to individuals diagnosed with a developmental disability classified as a related condition other than an intellectual disability as an alternative to institutional placement. All ages *Phone number:* 877-438-5658

**Consumer Managed Personal Attendant Services:** (*Dallas County*) Personal assistance services provided to persons with physical disabilities who can supervise their attendants or delegate the supervision.

**Deaf Blind and Multiple Disabilities (DBMD):** Home and community-based services for individuals diagnosed with deaf-blindness or a condition that leads to deaf-blindness, and an additional disability that results in an impairment in independent functioning. This program is an alternative to institutional care and offers services such as intervener, orientation and mobility and assisted living. All ages *Phone number* 877-438-5658

**In-Home and Family Support Programs (IHFSP):** Provides direct grant benefits to individuals with physical disabilities and/or their families to purchase disability-related services that help them remain in their own homes including minor home modifications and equipment that are not available under any other program. Ages 4 and older

**Medically Dependent Children Program (MDCP):** Home and community-based services and supports to families caring for a medically dependent child in their home. These services may include adaptive aids, flexible family support services (support independent living, participation in child care and post-secondary education), minor home modifications, respite, employment assistance, supported employment and transition assistance services. Ages less than 21

# Programs/Services for Children and Adults with an Intellectual and Developmental Disability (IDD)

Home and Community-based Services (HCS): Services and supports available to individuals diagnosed with an intellectual disability or a related condition, who are living with their family, in their own home or in other community settings, such as a small group home. Services include residential assistance (host home\*/companion care\*, supervised living, residential support), adaptive aids, dental treatment, minor home modifications, professional therapies, behavioral support, nursing, day habilitation, employment assistance, supported employment and respite. (\*host home/companion care can include living with family) All ages

Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID): 24 hour residential and habilitation services provided in homes for groups ranging in size for 6 to more than 100. Placement in homes is based on level of need as determined by the IDD Local Authority. All ages

**State Supported Living Center (SSLC):** State-operated centers that provide 24-hour residential and habilitation services for people with severe or profound intellectual disability, or those people with an intellectual disability who are medically fragile or have behavioral problems. All ages

**Texas Home Living Program (TxHmL):** Services and supports available to individuals diagnosed with an intellectual disability or a related condition, who live in their family homes or their own homes. Services include adaptive aids, dental treatment, minor home modifications, professional therapies, behavioral support, nursing, day habilitation, employment assistance, supported employment and respite. All ages

#### **Additional Services**

**Relocation Assistance:** Assistance available to individuals living in a nursing facility to transition back to their homes or community settings

**Texas Health Steps:** Available through Texas Department of State Health Services. This program provides periodic preventive medical checkups, diagnosis and treatment including the activities that promote and support preventive health care for Medicaid enrolled children. The Comprehensive Care Program is an expanded that includes treatment in freestanding psychiatric hospitals, developmental speech therapy, developmental occupational therapy, augmentative communication devices/systems and private duty nursing (phone number 877-847-8377) Ages birth to 20

**Star+Plus Waiver Program:** A Texas Medicaid program administered by the Health and Human Services Commission that provides services through managed care system and provides an alternative to nursing facility placement. Covered services include doctor and hospital visits, prescription medication, adult day services, foster care, assisted living, personal attendant services (meal preparation, bathing, dressing, toileting, household chores, etc.) nursing services, therapies, medical supplies and minor home modifications.

## **Employment**

**Medicaid Waivers:** CLASS, HCS and TxHmL all can provide long-term supported employment services. Support from Medicaid waivers are provided **after** accessing supports from Texas Workforce Commission.

#### **Texas Workforce Commission**

**Eligibility:** Have a disability which results in substantial barriers to employment, requires services to prepare for obtain, retain or advance in employment, are able to obtain, retain or advance in employment as a result of services

#### **Youth & Student Services**

Provide support for post-secondary education and employment opportunities through the following individualized services. Services are based on eligibility and individual need, and are provided in collaboration with the family, high school, community college, or Educational Service Center.

#### **Pre-Employment Transition Services** Ages 14 to 22

Receive core services, as needed, to help prepare for post-secondary education and employment opportunities:

- Vocational counseling, including counseling in job exploration and post-secondary training opportunities
- Counseling on opportunities for post-secondary education such as college, vocational schools, etc.
- Work-based learning experiences, including internships and on-the-job training
- Training in workplace and employer expectations
- Training in self-advocacy and social skills

Services may be provided to help you achieve your education, training or employment goals, including (as needed):

- Referrals for hearing, visual and other examinations
- Summer camps
- Earn to Learn (A statewide strategy that includes Work Readiness Training and Paid Work Experience for students with disabilities
- Assistance with medical appointments and treatment
- Rehabilitation devices, including hearing aids, wheelchairs, artificial limbs and braces
- Therapy to address a disability, including occupational or speech therapy and applied behavioral analysis
- Physical restoration
- Medical, psychological and vocational assessments
- Assistive technologies, including screen reader software, computer equipment and other items
- Job matching and placement services
- Transportation assistance to and from your job, college or certification program, Referral to other state, federal and community agencies and organizations
- Rehabilitation Teachers Services to help you learn Braille, orientation & mobility, and home and health management skills if you have a vision-related disability
- \*Vocational adjustment training
- \*Supported employment services

#### **Adult Services**

Services provided to help prepare to, obtain, retain or advance in employment, including (as needed):

- Vocational counseling and guidance
- Referrals for hearing, visual and other examinations
- Assistance with medical appointments and treatment
- Rehabilitation devices, including hearing aids, wheelchairs, artificial limbs and braces
- Therapy to address a disability, including occupational or speech therapy and applied behavioral analysis
- Physical restoration services
- Medical, psychological and vocational assessments
- Assistance with college education or trade certification
- On-the-job training
- Training in workplace and employer expectations
- Vocational adjustment training

- Rehabilitation Teachers Services to help you learn Braille, orientation & mobility, and home and health management skills if you are blind or have a visual impairment
- \*Supported employment

### **Job Matching & Placement Services**

- Transportation assistance to and from your job, including travel vouchers and vehicle modifications
- Follow-up and supported employment services to help you maintain employment
- Referral to Business Enterprises of Texas program, Criss Cole Rehabilitation Center and other state, federal and community agencies and organization